

## ESP 2 - Read Your Mind Trick

### Start:

Teacher tells the student(s) to do the following:

- |   |          |    |
|---|----------|----|
| Step 1: Mentally pick a single digit between 1 and 9 inclusive                              | example: | 7  |
| Step 2: Mentally double your number   |          | 14 |
| Step 3: Mentally add 8 to your number   |          | 22 |
| Step 4: Mentally divide your number by 2  |          | 11 |
| Step 5: Mentally subtract your original number in step 1)<br>from the last answer in step 4 |          | 4  |
- Step 6: Assign a letter that will correspond with your number from step. For instance, if the resulting number is 1 then assign the letter 'A', if 2 then 'B', if 3 then 'C', and so on.
- Step 7: Think of a country in the northern hemisphere that begins with this letter.
- Step 8: Take the second letter in the country name and think of the largest animal whose name starts with that second letter. Write down the name of the animal.
- Step 9: Write down what color the animal is.

### Mental Trick:

Teacher asks the class how many wrote down a grey elephant?

### How teacher gets the answer:

Denmark is the country students will think of followed by the grey elephant answer.

Note: The answer is not always foolproof.

### Why it works:

Here's the secret: where "n" stands for the number chosen:

$[(2n + 8) / 2] - n$ ; or simplified,  $(n + 4) - n$  which is always 4.